

## Announcing the Global Launch of The Routledge Handbook of Sustainable Diets

**Who:** Dalhousie researchers collaborate with international colleagues on global launch of *Routledge Handbook of Sustainable Diets*

**What:** This handbook is a must-read, comprehensive, and state of the art overview of sustainable diets, an issue critical to the environment and the health and well-being of society. Sustainable diets seek to minimise and mitigate the significant negative impact food production has on the environment and to usher in delicious alternatives that support optimal human, animal, and planetary.

**When:** Friday, December 8<sup>th</sup> **12:30 p.m.-2:15 p.m. Atlantic time zone**

**Where:** In-person- Dalhousie Faculty of Agriculture, President's Board Room, First Floor, Cumming Hall, 62 Cumming Dr, Truro, NS. Canada B2N 4H5

Online concurrently in a Zoom Meeting

<https://us02web.zoom.us/j/87497458101?pwd=d0pzVnhMb2dFR01lbklqbEFEMFRHZz09>

Meeting ID: 874 9745 8101; Passcode: 35414

**Why:** This handbook is of the greatest importance with timely, critical, and actionable contents. We encourage all researchers and institutions to secure a copy for their collection. This definitive guide on sustainable diets delivers 55 insightful chapters with solutions by 130+ of the world's leading experts.

### **Experts: Handbook Sections and Chapter Titles of Presenting Authors**

#### FRAMING and VISION

2. Dignity, justice, and the right to food

**Francis Adams**

3. Reframing the sustainable diets narrative: Shifting diets by confronting systemic racism in the U.S. food systems

**Gabriel R. Valle**

#### ENVIRONMENTAL STRATEGIES

6. The significance of agrobiodiversity for sustainable diets **Roland Ebel**, Carmen Byker Shanks, Georges Félix, and José Pablo Morales-Payán

7. Practising agroecology for sustainable diets and healthy communities **Amanda Shankland**

8. Conserving insect biodiversity in agroecosystems is essential for sustainable diets **Paul Manning** and Jennifer Marshman

#### HEALTH and WELL-BEING

14. Health, well-being, and burden of disease **Gabriella Luongo, Catherine L. Mah**, and Sara F.L. Kirk

#### EDUCATION and PUBLIC ENGAGEMENT

25. Broadening our definition of sustainable food: Shifting perception, policy, and practice to include nonhuman animals Terry Gibbs and **Tracey Harris**

#### SOCIAL POLICIES and FOOD ENVIRONMENTS

28. A framework for integrating sustainability in international food-based dietary guidelines **Rachel Mazac**, Barbara Seed, Jennifer L. Black, and Kerry Renwick

30. Reframing sustainable diets as sustainable food consumption **Hugh Joseph**

#### TRANSFORMATIONS and FOOD MOVEMENTS

34. Do alternative food networks change diets? **Yuna Chiffolleau** and Grégori Akermann

## ECONOMICS and TRADE

37. Financialisation and sustainable diets **Phoebe Stephens**, Jennifer Clapp, and Ryan Isakson

40. Circular bioeconomy of agri-food value chains: innovative, sustainable, and circular business models' contributions to sustainable diets and food systems **Paolo Prosperi**

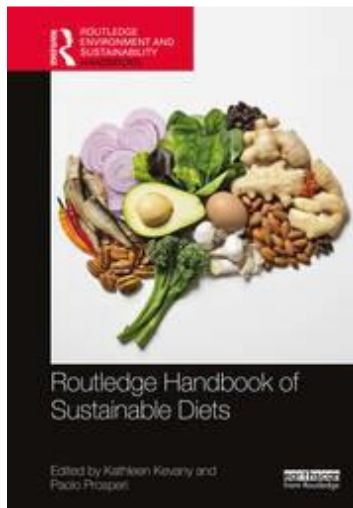
## CALLS TO ACTION

55. Calls to action **Kathleen Kevany** and Paolo Prosperi

### For more information contact:

Dr. Paolo Prosperi  
[prosperi@iamm.fr](mailto:prosperi@iamm.fr)

Dr. Kathleen Kevany  
[kkevany@dal.ca](mailto:kkevany@dal.ca)



Sustainable diets offer some of the world's best hopes for minimizing destruction and mitigating further harm arising from food production and consumption that are proving to be unsustainable. Sustainable diets also are addressing worrying health trends in food consumption through promoting healthy diets that reduce premature disability, disease, and death. Within the *Routledge Handbook of Sustainable Diets*, creative, compassionate, critical, and collaborative solutions are being implemented across nations, across disciplines and sectors. Actions across our global food system are urgently called for. The need to protect human health, environmental integrity, and social stability, underscore the role for all citizens, corporations and governmental organizations to contribute to workable solutions through replacing unsustainable with sustainable food production and consumption. This handbook provides a global, multi-disciplinary assessment of sustainable diets, drawing on case studies from regions across the world. With wide-ranging issues to address, our handbook is arranged into sections of environmental strategies, health and well-being, education and public engagement, social policies and food environments, transformations and food movements, economics and trade, design and measurement mechanisms and food sovereignty. Chapter contributions have come from globally recognized scholars along with emerging specialists. The handbook concludes with a call to action, which provides readers with a comprehensive map of strategies that could dramatically increase sustainability and help to reverse global warming, diet related non-communicable diseases, and oppression and racism. It is an essential guide for a happier and healthier future.